



THE CROSS KEYS HOTEL

350 Pascoe Vale Road, Essendon, 3040

Ph: 9379 7477 Fax: 9379 7830

Tasmanian Oysters

Natural (GF)
with tangy cocktail sauce

Kilpatrick
with bacon and Worcestershire sauce

Mornay
with parmesan cheese and béchamel sauce

Bloody Mary (GF)
traditional, served in shot glasses

Entrées

Garlic/Herb Bread

Bruschetta
Traditional with balsamic dressing

Soup of the Day (GF)
Please ask our Friendly Staff

Mexican Nachos
Crispy corn chips with tasty cheese, tomato salsa, sour cream, guacamole and jalapenos

Trio of Dips
Selection of dips with a side salad and toasted Turkish bread

Spicy Potato Wedges
with sweet chilli sauce and sour cream

Antipasto Plate
Selection of cured meats, Mediterranean vegetables, dips, seafood and Turkish bread

Chicken Satay
Chicken tenderloins coated in a creamy peanut sauce served with jasmine rice and a side salad

Salt and Pepper Squid
Tender calamari pieces gently fried with a side salad and sweet chilli mayonnaise

Risotto

Chicken Mediterranean
Tender chicken pieces with char grilled vegetables, sundried tomatoes, baby spinach and cream sauce

Tiger Prawn
Tiger prawns and sundried tomatoes with sugar snap peas, baby spinach, white wine cream sauce and fresh parmesan cheese

Risotto cont.

Seafood \$27.90
Black tiger prawns, scallops, green lip mussels, calamari and shrimp with Napoli sauce

Vegetarian \$24.90
Selection of fresh vegetables including snow peas, sundried tomatoes and spring onions slowly cooked in a creamy Napoli sauce

Pasta

Spinach and Ricotta Cannelloni \$24.90
Topped with baby spinach, pine nuts, Napoli sauce and a dash of cream

Spaghetti Bolognese \$24.90
With traditional homemade sauce and fresh parmesan

Spaghetti Marinara \$27.90
Traditional with prawns, scallops, mussels, calamari and basil infused Napoli sauce

Polo Fungi Gnocchi \$25.90
Tender chicken pieces tossed with button mushrooms and spring onions in a chardonnay cream sauce with fresh parmesan

Pumpkin Ravioli \$25.90
Pumpkin filled ravioli with chicken, sundried tomatoes, baby spinach, pine nuts, pesto and cream sauce

Vegetarian Penne \$24.90
Selection of vegetables and Danish fetta with white wine, Napoli sauce and cream

Salmon and Chive Fettuccine \$27.90
Tasmanian smoked salmon, tiger prawns, baby spinach, cherry tomatoes, white wine and cream sauce

From the Wok

Mongolian Beef Stir-fry \$25.90
Marinated eye fillet strips with Asian vegetables, baby corn, capsicum and hokkien noodles finished with a sweet soy, lemongrass and oyster sauce

Chicken and Sesame Stir-fry \$25.90
Tender chicken pieces with Asian vegetables, baby corn, hokkien noodles, sweet chilli, cashews and satay sauce

Vegetarian Stir-fry \$24.90
Selection of Asian vegetables with hokkien noodles, bean shoots, cashews, sesame seeds, fresh ginger and sweet chilli sauce

Seafood Stir-fry \$27.90
Seafood combo including tiger prawns, scallops, shrimp, calamari, lemongrass, sweet soy and a dash of sweet chilli



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Cross Keys Salads

Traditional Caesar Salad (GF) \$19.90

Coz lettuce, oven baked croutons, crispy bacon, poached egg, fresh parmesan, homemade dressing and anchovies

With lightly smoked chicken \$24.90

Warm Chicken Salad (GF) \$24.90

Lightly smoked chicken, crispy bacon, honey roasted cashews, oven baked croutons, mixed lettuce leaves, mango and seeded mustard dressing

Smoked Salmon Salad (GF) \$25.90

Mixed lettuce leaves, smoked Tasmanian salmon, fresh avocado, grilled Danish fetta with a lemon lime and dill dressing

Greek Salad (GF) \$19.90

Baby coz lettuce, cherry tomatoes, cucumber, kalamata olives, fetta cheese and homemade balsamic mayonnaise

With marinated lamb fillets \$26.90

Garden Salad (GF) \$14.90

Mixed lettuce leaves, tomato, cucumber, red onion and black olives with a lemon herb and olive oil dressing

Seafood

Fish of the Day (GF) – Please ask our Friendly Staff

Fish Fillets \$25.90

Grilled (GF) – lightly floured and grilled with lemon butter sauce

Fried – in beer batter with our own homemade tartare sauce

Calamari Fritti \$26.90

Crumbed calamari, lightly fried and served with chips and salad with our own homemade tartare sauce

Tiger Prawns \$28.90

Tiger prawn brochette, grilled and served on a bed of rice with your choice of creamy garlic or mild sweet chilli sauce

Seafood Crepe \$28.90

Medley of seafood including tiger prawns, scallops, calamari, mussels and shrimps cooked in a garlic cream sauce with homemade crepe and fresh parmesan

From the Grill

Porterhouse (GF) 300g \$31.90

Scotch Fillet (GF) 300g \$31.90

Rump Steak (GF) 350g \$29.90

Steak of the Day – See our Specials Board

All steaks are grain fed, cooked to your liking on our flame grill and served with your choice of sauce: mushroom, pepper, gravy, Dianne (with capers) or garlic butter

Add

Reef Sauce \$6.50

BBQ Prawns (4) in garlic cream sauce \$9.00

Chicken & Veal

Chicken Neptune (GF) \$28.90

Grilled chicken breast with a pan fried seafood combo in a garlic, white wine and cream sauce

Chicken Mediterranean (GF) \$27.90

Pan fried chicken breast on a mediterranean vegetable stack with a balsamic reduction and pesto

Veal Scaloppini \$27.90

Pan fried tender veal pieces with mushrooms, garlic, spring onion and a brandy cream sauce

Veal Caprice \$28.90

Pan fried seafood medley with veal medallions, garlic and Napoli sauce with a dash of cream and spring onions

Old Favourites

Roast of the Day – Please ask our Friendly Staff \$19.90

Chicken or Veal Schnitzel \$21.90

Chicken or Veal Parmigiana \$23.90

Topped with ham, cheese and Napoli sauce

Chicken Kiev \$23.90

Breast of chicken filled with garlic butter, oven baked and served with jasmine rice

Lambs Fry and Bacon \$19.90

With caramelised onions and gravy

Bangers and Mash \$21.90

Thick bratwurst sausages served on mash with caramelised onions and gravy

Kids Menu \$9.00

Chicken Nuggets with Chips

Roast of the Day with Chips and Vegetables

Grilled or Fried Fish and Chips

Spaghetti Bolognese

Party Pack with Chips (Party Pies and Sausage Rolls)

Chicken Schnitzel/Parmigiana with Chips and Vegetables

Side Dishes

Basket of Chips \$6.50

Bowl of Mash (GF) \$5.00

Bowl of Vegetables (GF) \$8.50

* (GF) = Gluten Free